



## Clarity Vibration

*Honouring the Natural Flow of the Feminine Cycle*

### Anointing Oil

Navel Wort is an incredible plant that connects us to the core of the Mother, the omphalos, which is the umbilical cord that links us directly into the earth. It also brings us back inside our mother's womb and joins us once more to the twin energy of our own placenta. There is an incredible link that travels through time and previous lives through the divine portal that is the Womb. This plant is also known as Venus's belly button. This umbilical connection to the Goddess enables the user to anchor the loving energy, an unbroken cord of light up from Gaia, through us, and into our mother line for healing and transformation.

Yarrow is ruled by Venus and is one of the best psychic balms. It envelops the person in a warmth of protection, bringing healing to the core of our wounding. This plant has many esoteric abilities in creating and maintaining sacred space, it was used in temples and ceremonies in ancient times. Yarrow was treated with special reverence. The stalks were used to reawaken the spiritual forces during ritual divination; this was the seer's plant. Yarrow has a healing effect upon the blood, it has an ability to influence the 'life—blood', the essence or ego that is carried within the blood. This energy is directly connected to our life source, our essence, and ability to heal the wounding to our sacred blood as women. This aspect is incorporated to bring a balm to the feminine wound, the menstrual shame and trauma that echo's through women's wombs during their menstrual years and beyond. Yarrow creates a healing temple space of protection for the reclamation of these fractured souls shards of woman, inviting integration and transformation. Yarrow honours our very essence as cycling women, it is a soothing balm for healing.

Foxglove also called "Our Lady's Gloves" or "gloves of the Virgin" is also Venus ruled. The beauty and vibrancy links us to our heart space, our high heart. It has an opening and receptive quality which clears insecurity and trauma. It offers loving welcome to all, especially ourselves! Foxglove helps to activate our energetic centres throughout the spine and bring alignment. It supports a new way of being that is soulful, it facilitates forgiveness and universal-yoniversal unconditional love. It is an elemental portal to the plant kingdom and devas.

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Lady's Mantle, associated with the Virgin Mary, also ruled by Venus, has a connection with the devic realms. It is said that the fae drink of the crystal mystic spheres of water held in the leaf to enhance beauty and longevity. The 'Celestial Water' was used to clear and anoint the ovaries and third eye. This herb is truly a feminine ally helping to regulate and support all rites of passage and crossing of thresholds. It is said to enhance our core essence supporting the body, mind and soul in expressing our personal identity. The herb fosters a connection to the Goddess within. She helps to nurture relationship to the inner child, maiden, mother, maga and crone. From her compassion, we can access the power necessary to release the pain from old wounds and support the development of our most radiant self.

Bouganvillea helps one to adapt to all circumstances requiring an infusion of joy and hope when life is tricky or challenging. This plant is protective, with a grounding energy plugging the user deep into the earth. This beautiful magenta climber helps to calm the mind, allowing self-reflection and inner listening. The energy clears the disconnect from incarnating in physical form. It helps women clear the wound from previous lives of rejecting their femininity. This plant vibration penetrates deeply into the subtle anatomy, clearing the ingrained dysfunctional energetic patterns carried through our Red Thread.

Frankincense oil is blended to purify negativity from the chakras and was used for clearing the third eye for insight and meditation. This solar oil is relaxing and brings a feeling of wholeness. It opens the heart chakra helping to lift the spirits, attuning one to the highest spiritual vibrations. Frankincense was used by the ancients for consecration and as an offering to the Gods and Goddesses.

Spikenard is an ancient herb used for ritual and was said to be used by Mary Magdalena to anoint Jesus. It was used to anoint and consecrate monarchs and high initiates. This bitter sweet scent helps to clear obstructing Qi to free the soul. It calms the mind and clears even the deepest anxiety; it creates a sense of safety for the release of emotional wounds and fear. Spikenard instils a profound sense of peace; it is grounding and connects one to their inner spirituality.

Neroli is attributed to Venus and the scent is described as angelic. It reaches the higher self and the spiritual part of our being. The oil is intensely feminine and energising. It restores the body mind connection building personal intimacy. Neroli supports the heart to release stored repressed emotions.

Rose a Venusian angelic energy used the world over to connect to personal and universal love. This healing energy is of the radiant heart that soothes and clears wounding and trauma. This too is a herb connected to the Goddess.

The Anointing Oil blend is crafted to bring alignment; it is a woman's sacred holy balm. Use of the oil to anoint and mark as sacred, is to create for the soul a potent portal of silence and stillness. A place where all healing is possible in an instance, in any given moment. Honour and welcome your sovereign self into loving integrated wholeness.

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