## The Woman's Way

A moonwise journey to wholeness

Sunday 22<sup>th</sup> April 10am – 5pm Neal's Yard Remedies Taunton 2 St James Street TA1 1JH

£50 each or bring your friend for £80



Join a circle of women wishing to connect with their feminine essence through the dance with Grandmother Moon. Do you wish to find ways to create greater inner intimacy, intuition and access your own inner guidance?

Learn the influence and placement of your natal moon, how this shapes your life and cyclical experience as a woman. Work with each of the four phases of the moon and learn the quality of each of the aspects. Discover ways to use waxing and waning lunar energy for alignment, wellbeing and manifestation.

We will work with 'Menstrual Constellation' Healing; which enables women to understand the qualities of a Red or White Moon cycle. You will learn what this means mentally, emotionally and spiritually for you in your day to day life. We will explore the natural expansion and contraction of the lunar cycle and how this impacts your access to your core womb wisdom.

An inner visualisation journey to consult with your own oracle and Inner Guidess will support each woman in accessing her own womb wisdom for clarity and insight. Time in circle together will help make sense of visions and messages gained from receiving these enlightening feminine lunar gifts.

Join Clare Warren, Menstruality Educator, Homoeopath, Healer, Vibrational Essence Practitioner and Ceremonialist for this workshop. Discover ways to understand yourself better by connecting with your own womb wisdom and inner authority.

To book or for more information please get in touch via the details below.

## Clarity Vibration

Honouring the Natural Flow of the Feminine Cycle www.clarityvibration.com - 07596 409 354 - clare@elarityvibration.com